La Cabane de Silhac is a tiny house whose history is intimately linked to the designer and resident that I am, Célia Auzou.

In 2016, after 8 years of rather conventional architectural practice in an agency, I am bored and I am quite frustrated by the lack of practice and conviction that I encounter around my profession. I then decided to carry out a personal project allowing me to simultaneously achieve several objectives: to live in a "refuge" place in nature, to fully experience a construction site, to self-build, to confront my ideas of eco-responsibility with reality, to implement work and have reuse materials implemented.

To do this, after many sketches, I produced a project that conquers me. The house envisaged is very compact since it is a simple, parallelepipedic volume, of 36m² of living space. In order to deceive this reduced surface, the height under crawling is 3m on average and the surface of the living room reaches 27m². To manage the steep slope of the land (welcome to Ardèche) and find a place for DIY and storage, the house has a workshop under its living space. The 36m² and their terrace are therefore suspended above the surrounding forest. At this stage, the main lines are drawn.

The desire to work with reused materials implies adapting to what is already there. The small size of the house, already frugal in itself, facilitates the integration of these materials. Thus, the exterior joinery, the interior joinery, the electrical equipment, the terrace, the wall and ceiling covering, the frameworks of the partitions and the joists, the stove, the sanitary elements, the furniture and the household appliances, the layout of the exteriors are all subjects made for reuse. 14 tons of materials are reused on the micro-house and in its outdoor facilities.
If you had to do it again?

Having now the adequate local network, I would consider finding reused wood for the frame, thus greatly reducing the impact of the building and pushing the experiment further. Other items such as insulation and wood cladding on the facades would also be sourced for reuse. On the design side, I don't think anything would be changed. Perhaps, the 20cm wider building for a little more space in the kitchen and on the side of the bed in the bedroom.

See more details about this project


Photo credit

Celia Auzou

Stakeholders

Contractor

Name : Célia Auzou
Contact : 0760225580, celia.auzou[a]gmail.com

Construction Manager

Name : Célia Auzou
Contact : 0760225580 / celia.auzou[a]gmail.com
http://ido.archi/

Stakeholders

Function : Company
TECHNOBOIS
François-Pierre MOURGUES
http://techno.bois.free.fr/
Charpentier

Function : Company
FERRONERIE MARTEL
Romuald MARTEL
Ironworker

Function : Company
Minéka
Joanne BOACHON
https://mineka.fr/
Supplier of recycled materials

Function : Assistance to the Contracting Authority
Re.Source Réemploi
Célia Auzou
https://resource-reemploi.fr/
AMO reuse

Contracting method

Separate batches

Type of market

Global performance contract
Energy

Real final energy consumption

Final Energy : 3 984.00 kWh/m².an
Real final energy consumption/m² : 110.00 kWh/m².an
Year of the real energy consumption : 2021

More information

There has never been an Energy Audit of the building or DPE.

Renewables & systems

Systems

Heating system :
  - Wood boiler

Hot water system :
  - Individual electric boiler

Cooling system :
  - No cooling system

Ventilation system :
  - Single flow

Renewable systems :
  - No renewable energy systems

Environment

Urban environment

Land plot area : 2 000.00 m²
Built-up area : 40.00 %

The house is surrounded by nature, in the hamlet Le Chiat which brings together around ten houses, in the town of Silhac in Ardèche (07) of 300 inhabitants.

Products

Product

Dismantling

Des gens plein de bon sens

https://www.bazed.fr/

Product category :

Demountability in architecture concerns the ability of a building, a construction system, an assembly to be demountable, suitable for deconstruction.

An ideal demountable building is characterized by the possibility of being taken apart and reassembled or reused over and over again.
Costs

Construction and exploitation costs

Total cost of the building : 68 619 €

Circular Economy

Reuse : same function or different function

Batches concerned by reuse :
- Indoor joineries
- Outdoor joineries
- Partitions
- Electricity
- Landscaping
- others...

For each batch : Reused Materials / Products / Equipments :

Items made for reuse:
- 10 exterior joinery including 9 second-hand resulting from careful dismantling, order errors and exhibits (see plan of joinery). Lot 2680€ transport included (+1350€ installation in total);
- the interior carpentry : for example the two kitchen worktops made of two medium slabs recovered from a material library, as well as the second-hand tiling that covers them, or the washbasin in the shower room made of trespa (fall facade and therefore waterproof) + vanity unit based on an old chest of drawers. We can also mention skirting boards from a construction surplus (40m). Batch 190€ transport included;
- electrical equipment, i.e. all switches, sockets and light fixtures. Batch 10€ transport included;
- the terrace, more specifically the wooden slats up to 40m² collected (via le bon coin), cleaned, cut and turned over to be reworked for 32m², to the south and north. Batch 150€ transport included;
- the wall and ceiling covering comes from the 2017 architecture biennial (Atelier Utopies) which took place at the Sucrière in Lyon. The implementation of the scenography having been considered upstream as “non-destructive”, the planks and wooden cleats were tied by rope. Thus, they were virgin and suitable for reuse. They are 100u in number. of pine panels (2000 mm x 500 mm x 18 mm thick) and cover all the peripheral walls of the house as well as the ceilings of the 3 rooms. In order to limit falls, the layout has been made according to their size, drastically limiting falls. Batch 350€ transport included;
- the frameworks of the partitions and the joists are from the same sourcing as the pine panels. They are 85u in number. of pine cleats (32 mm x 45 mm x 4500 mm). They receive the panels of the walls, the ceilings and the solid parquet floor, while offering the adequate technical space for the passage of the networks. Batch 400€ transport included;
- the stove and its floor plate , acquired second-hand in the village of Silhac, from an acquaintance. I acquired the smallest that I found used (by an acquaintance) so as not to over-consume. It is 4kw and I spend a cubic meter of wood per year (my neighbor cuts it, dries it then cuts it for me) to heat the volume during the cold period. Batch 330€ including transport (+1500€ of installation in total with supply conduit and exit in roof);
- the sanitary elements , which are the washbasin, the kitchen sink, the fittings from private individuals Le Bon Coin. Batch 110€ transport included;
- the ventilation grilles / air inlets from a private Le Bon Coin. Batch 30€ transport included;
- the paint on the walls comes from the bottoms of pots of professional painters. Batch 10€ transport included;
- furniture and household appliances , in their entirety (sofa, desk, chairs, tables, bed, oven, fridge, hotplates, dishwasher, etc.) from private individuals at Le Bon Coin. Batch 2600€ transport included;
- the development of the exteriors , in particular the exterior staircase in mixed technique: high steps in chestnut beams from the deconstruction of an inn in the neighboring village and low steps in stones from the land, from fallen dry stone walls. The already-there takes on its full meaning. We can add the work currently in progress which is a wooden fence in bastings resulting from a deconstruction site of a French-style wooden slab and the installation of 3 water recovery tanks (1000L each). Batch 200€ transport included;

Field of use and material origin :
Answers above.

Environmental assessment

Impacts avoided : water, waste, CO2 :

<table>
<thead>
<tr>
<th>Outdoor Facilities</th>
<th>2840</th>
<th>214264</th>
<th>31.81952695</th>
<th>8441.51221</th>
</tr>
</thead>
<tbody>
<tr>
<td>Landscaping / Locksmithing - Metalwork</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>framework</td>
<td>1161.906667</td>
<td>18.58066</td>
<td>1008.333562</td>
<td>0</td>
</tr>
<tr>
<td>Partitions</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Roofing / Outdoor facilities</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Item</td>
<td>CO2 Avoided (kg)</td>
<td>Water Consumption Avoided (m³)</td>
<td>Waste Avoided (kg)</td>
<td></td>
</tr>
<tr>
<td>-----------------------------</td>
<td>------------------</td>
<td>-------------------------------</td>
<td>-------------------</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6665.287843</td>
<td>747.146574</td>
<td>14008.25989</td>
<td></td>
</tr>
</tbody>
</table>

The reuse operation saved the equivalent of 77,322 kilometers traveled by a small car, i.e. 88 Paris-Nice journeys, 4,981 rectangular bathtubs filled with water and 28 years of household waste for a Frenchman.

In the calculation of avoided impacts, I was not able to take into account:

- the stove and its floor plate;
- elements complementary to external work (screws, ropes, etc.)
- some furniture such as the dresser in the shower room, the bed, the sofa and all the other small pieces of furniture / decorative elements in the cabin;
- And I counted the 100m² of interior wooden wall and ceiling panels in the category of reconstituted wooden false ceiling (in the absence of another more suitable category). Also, I counted the 85u of cleats and the 40ml of pinths under the wood frame category (in the absence of another more suitable category there too).

Economic assessment

Total cost of reuse : 7 056 €
Cost of reuse in percentage of the operation : 10 %

Contest

Reasons for participating in the competition(s)

- Réemploi de 14 tonnes de matières ;
- Un exemple d'habitation frugale et confortable ;
- Un terrain d'expérimentation pour le réemploi et les modes constructifs ;
- L'aboutissement d'un projet personnel inspirant !

Building candidate in the category

Prix du public